

Lewis joins BT-G

By Sylvia Allen

Sylvia Lewis was recently named Ad Manager for the *Brunswick Times-Gazette*. She was an Account Executive at the South Hill Enterprise for almost two years before taking this position.

Lewis is looking forward to working in the Brunswick County market.

"I am looking forward to making sales calls and getting to know customers. I am excited about this opportunity to work with our advertisers," Lewis said.

Lewis also worked at the



Sylvia Lewis

South Hill Enterprise from around 2002 to 2004 in pre-press.

Lewis has strong ties to Brunswick County. She lives in the Brodnax area. Her parents are Brenda Lewis and David Lewis. She graduated from Brunswick Senior High School in 1996. Lewis has three daughters, Payton Dawson, 12, Preslee Grace Dawson, 10, and Isabel Finch, who is 19 months old.

Contact Lewis at (434) 848-2114 or ads@brunswicktimes-gazette.com

John 3:16 Center holds toy drive

The response to the call for toy donations has been tremendous, but time is running out to participate in the Lake Gaston Association's Annual Toy Collection Drive in support of the John 3:16 Center Christmas Outreach program.

Toys are needed to ensure that 160 area children who might not otherwise receive a visit from Santa will have gifts to open on Christmas morning. Your help in ensuring that this will happen is sincerely appreciated.

Tuesday, December 4th will be the last day to leave gifts in the toy boxes that have been placed in several businesses around the Lake Gaston area ... Healing Kneads (Stanley Rd, Henrico); Lake Gaston Gazette-Observer (River Rd); Ace Hardware Store Lake Gaston (Elams Rd); BB&T (Food Lion shopping center); Subway Lake Gaston (across from Lake Gaston Baptist church); The Pointe (Morningstar Marina); Betty Lou's Hair Salon (Gasburg); Littleton W.C. "Billy" Jones Memorial Library (Town Center complex Hwy 158); & BB&T (S.Main St/Hwy 158).

Collection boxes will also be available at the LGA's December 5 monthly meeting at the Lake Gaston Baptist Church between 9:30 a.m. and noon where the toys will be handed over to Shannon Smiley, Executive Director for the Center, our December speaker.

The Center asks that all gifts be new and unwrapped. They do not distribute any toy weapons of

any kind.

Gender-neutral gifts are always good: puzzles (under 500 pieces), books, board games, coloring books, baby's toys, etc. They have had children registered from 1 month old to 16 years old. Every child gets a book, so appropriate books for different age levels (books boys may enjoy are often hardest to find) will be appreciated. Balls, dolls (ethnically diverse), art supplies, craft/model kits, small handheld electronic games, toy cars and trucks, watches or inexpensive jewelry for older children, etc. also are typical of the types of gifts given in the past.

John 3:16 recommends that we limit the cost of any gifts to under \$15 & that most of the items listed can be found for \$10 or less.

If you would like to send a tax deductible donation instead, please make checks payable to The John 3:16 Center, Memo: Christmas Toy Drive and mail to The John 3:16 Center, P.O. Box 1541, Littleton, NC 27850. These donations help with the cost of purchasing clothing for each child.

Calling all Wrappers! Christmas presents will be wrapped at John 3:16 from Dec. 17 thru 21 from 10-6 p.m., at 407 East End Rd, Littleton, NC 27850 (next to Hagwoods Car Wash on Hwy 158). No experience necessary - on the job training!

Call (252) 586-1800 for more information & to sign up for a time convenient to you

VSP investigating Waverly officer-involved shooting

WAVERLY, Va. - At the request of the Town of Waverly Police Department, the Virginia State Police are investigating an officer-involved shooting that took place early Thursday (Nov. 22) in the Town of Waverly.

At approximately 1:30 a.m., the Town of Waverly Police and a Sussex County Sheriff's Deputy responded to a 911 call for a domestic dispute at a residence in the 100 block of New Street in the Waverly. When police arrived at the residence and attempted to take a male subject into custody, the man refused and an altercation ensued. The male subject was subsequently shot by the Waverly officer.

The male subject was

originally taken to Southside Regional Medical Center in Petersburg and then later flown by State Police Med-Flight to VCU Medical Center in Richmond. The male subject is still being treated at VCU Medical Center at this time.

The responding deputy was injured during the struggle and was also transported to Southside Regional Medical Center in Petersburg for treatment of serious but non-life threatening injuries.

The incident remains under investigation by the Virginia State Police Bureau of Criminal Investigation's Chesapeake Field Office's Police Shooting Investigative Team.

Access to water a business issue

By TERESA WRAY-WELSH
I-M Senior Staff Writer

WilcoHess wants to open a new truckstop across the road from Love's Truck Stop at exit 4 off I-95. But before the company can do so the Greenville County Water and Sewer Authority must obtain a sewer easement from an adjacent property owner.

"The staff has been negotiating with the owner for approximately 15 months," said Moses Clements, Assistant Director/Public Works Director during the Nov. 19 Sewer Authority meeting. "Unfortunately, a mutually agreeable solution has not been reached."

The Authority will hold a public hearing on Dec. 3 at 6 p.m. to

obtain the easement by condemnation, which local governments can currently do.

By a margin of almost 3 to 1, Virginians agreed to limit the ability of the state and local governments to take property by exercising its right of eminent domain.

The amendment changes the state's Bill of Rights to say that local governments can seize property only for public uses, such as roads. It will forbid governments from taking land for economic revitalization if the primary purpose is private gain, job creation or increasing tax revenues.

Wilco started in 1963 with six full service stations when Arthur T. Williams created A.T. Williams Oil Company. Williams

transitioned into the convenience store concept and by 1982 the small chain had grown to 67 stores.

In 1990, Wilco opened its doors to the world of professional trucking. By the turn of the century Williams Oil had grown to 140 stores which pumped over 420 million gallons of fuel annually.

During 2004-05, WilcoHess acquired 50 locations from former service distributors and merged with Trade Oil. In 2001, Williams Oil joined partners with Amerada Hess, the leading independent oil company on the eastern seaboard, in a joint venture company. WilcoHess, LLC was born on April 1, 2001.

NATIONAL FAMILY CAREGIVERS MONTH



Don Koralewski/Independent-Messenger

In recognition of National Family Caregivers Month, Emporia Mayor Sam Adams, center, signs a City proclamation recognizing caregivers and the hundreds of individuals who work daily caring for members of the community. Joining Mayor Adams are, from left, Diane Laine, public relations and marketing assistant for Personal Care Preferred Group; John Thurman, CEO of Personal Care Preferred Group; and, Zalinda Powell, office manager and staffing coordinator for Moore Home Health Care — an agency of Personal Care Preferred Group.

Youth center holds musical fundraiser

By TERESA WRAY-WELSH
I-M Senior Staff Writer

The Community Youth Center, Ltd, originally known as the Community Youth Center (CYC), is looking to "give new birth to its original mission" and expand its

services.

To help with that effort, the CYC LTD is holding a gospel music festival to benefit activities for children in the Emporia, Greenville County and Brunswick County area. The event will be held Dec. 8 at 3 p.m. at Greater Shiloh Baptist

Church, 615 Clay St. The festival will feature The New Beginnings, The Rising Star Male Chorus, The 75th District choir, Brothers of Faith, The Bowman Sisters, Promise Long III, Brother Carl Easter, and more.

Chamber guest highlights caregivers

By TERESA WRAY-WELSH
I-M Senior Staff Writer

Bill Humphreys, physician and liaison at Crater Community Hospice was the guest speaker at the November Chamber of Commerce luncheon.

Humphreys has been a caregiver for his wife, Melanie for 18 years, and talked about the struggles that caregivers go through. She has Multiple Sclerosis.

"Caregiving is a job and respite is your earned right. Reward yourself with respite breaks often," he said, noting that caregivers should watch out for signs of depression, and don't delay in getting professional help when you need it.

"When people offer to help, accept the offer and suggest specific things that they can do," Humphreys stressed. He encouraged people to educate themselves about their loved one's condition and how to communicate effectively with doctors.

"There's a difference between caring and doing. Be open to technologies and ideas that promote your loved one's independence," he said.

He encouraged caregivers to trust their instincts because most of the time they'll lead you in the right



Teresa Welsh/Independent-Messenger

Bill Humphreys, physician and liaison at Crater Community Hospice speaks at the November Chamber of Commerce luncheon.

direction and to also take care of themselves, especially their back when lifting.

"Grieve for your losses, and then allow yourself to dream new dreams," said Humphreys, who also encouraged people to seek support from other caregivers. "There is

great strength in knowing you are not alone," he said. "Stand up for your rights as a caregiver and a citizen."

Humphreys also praised the local Hospice of Southside Virginia for all it has done to help the terminally ill and their families.

Research finds butter is a consumer top choice

NEW YORK CITY—Butter reigns as the top choice in the fats and oils category of consumer spending, outpacing margarine and olive oil as consumers seek out pure, simple, flavor-rich ingredients, according to a recent article by Advertising Age.

Market research firm Euromonitor International is forecasting a 5 percent drop in U.S. retail sales

of oils and fats between 2011 and 2016, mainly because consumers are dining out more and frequently choose oil-free options when cooking at home. But consumers who prefer some oil in what they eat are more likely to want butter.

Butter sales at grocery stores increased by more than 2 percent in the year ending May 13, while margarine sales decreased more than 6

percent and olive oil sales increased by .21 percent. Overall, butter led with \$1.5 billion in sales during the period, followed by \$1.4 billion for margarine and spreads, and \$706 million for olive oil.

Food writer Kendra Bailey Morris, who appears each month on Real Virginia, Virginia Farm Bureau's monthly television program, uses real butter in her recipes.



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